



40%
of nursing
home admissions
are related
to falls.

One third
of seniors fall every
year; half of them
have more than
one fall.

Funding

- Aging at Home Strategy (NSM-LHIN)

Lead Agency

- Orillia Soldiers' Memorial Hospital

Partner Agencies

- Collingwood General & Marine Hospital
- Georgian Bay General Hospital
- Royal Victoria Hospital
- Muskoka Algonquin Healthcare
- Community Care Access Centre

Collaborating Agencies

- NSM Family Health Teams and Community Health Centres
- VON and other members of the Community Support Sector
- Emergency Medical Services
- Staying Independent Falls Prevention Coalition (SIFPC)
- North Simcoe Muskoka Local Health Integration Network
- Osteoporosis Canada
- Mental Health Centre Penetanguishene
- Georgian College
- Public Health

Please contact IRFP
Central Intake and Triage

1-877-665-6065
705-330-3200



North Simcoe Muskoka Integrated Regional Falls Program (IRFP)

Program Goals

- To reduce the risk of falls and fall related injuries through falls risk screening and interventions for seniors.
- Implementation of a standardized regional approach to falls screening assessment and management.

Falls are not a normal part of aging. Unintentional falls are the leading cause of injury and accidental death among Canadians over 65.

The North Simcoe Muskoka Integrated Regional Falls Program (IRFP) links together acute care hospitals, primary care and community service organizations to provide an integrated program of assessment and interventions related to seniors who have fallen or are at risk of falling.

The program provides assessment, screening and interventions in local hospital emergency departments, Falls Screening Clinics, and Specialized Falls Assessment Clinics.



The Team

Our multidisciplinary team of professionals includes:

- Nurses
- Pharmacists
- Physiotherapists

Working in collaboration with:

- Primary Care Providers
- Community Care Access Centres
- Victorian Order of Nurses
- Occupational Therapists
- OSMH Geriatric Day Hospital
- RVH Geriatric Services
- Geriatricians



Interventions may include:

- Screening for risk of falls
- Medication reviews
- Walking assessments
- Home safety evaluations
- Linking to community resources

Referral Criteria

Our program is available to those over the age of 65 or age 55 with complex health issues who present with the following:

- Fall in the past 12 months
- Near fall in the last 3 months
- Fear of falling



Referrals for falls risk screening and assessment will be accepted and reviewed through the IRFP Central Intake and Triage office.

Referrals can be made by:

- Clients
- Family
- Health care providers
- Community agencies
- Support services

The IRFP is committed to client follow up, support, collaboration and communication with the clients primary care provider and community support services.